



Resiliency Hope Leadership
People First Sustainability Openness
Resiliency Quality Improvement
Quality Looking to the Future Partnerships Inspire
Excellence Purposeful Learning Fairness
Commitment Healthy Development
Community Better Together
Focused Integrity we are RADIUS
Possibilities
Future Families
Stewardship Success Youth Responsive
Service Delivery Collaboration Children
Evidence-Informed Practices
Promoting Innovation Engagement

ANNUAL REPORT 2016/2017



Radius Child & Youth Services
PREVENTION • INTERVENTION • RESEARCH

Greetings from Radius



Allan Bishop, Board President



Darryl Hall, Executive Director

Dear friends,

THE PAST TWELVE MONTHS WERE A NEW BEGINNING FOR RADIUS. AFTER THE LAST FEW YEARS OF CHANGE, WE HAVE EMERGED RE-ENERGIZED, POISED FOR AN EVEN STRONGER FUTURE AND PROUD TO EMBRACE THE THEME OF OUR 2016/2017 ANNUAL REPORT – WE ARE RADIUS.

Radius Child and Youth Services is a multi-disciplinary team of professionals, volunteers and board members. Together, we deliver specialized clinical services, research and evaluation, and training and consultation with the shared vision of building communities free from abuse, neglect and violence. We are proud to be at the helm of an organization that makes such a profound and lasting difference in the lives of children, youth and families.

In these pages, you will see reflected the many people, projects and programs that embody the values and mission of Radius. This report shares the work and commitment of our volunteers, staff, clients, community supporters and board members, and recognizes their contributions over this past year. You will also see a revitalized

Radius of the present and our position for the future; one where our services are available to more children and youth across Ontario and one where our leadership in clinical services, research and training are even further developed.

Over the past 12 months, our Radius team has shown resilience, determination and a shared sense of purpose, working effectively as a unified voice for the children, youth and families we serve. While obstacles have been present – from a persistently tough fundraising climate, to the ever changing field of children's mental health - what has shone through is an unwavering commitment to providing hope and healing to the hundreds of children and youth that walk through our doors.

There were many notable successes in 2016/2017. Chief among them was the launch of our new strategic plan. This plan reflects the input of key stakeholders, both internal and external and identifies strategic priorities that are most critical to the future success of the organization. We are pleased to report that Radius is entering the coming fiscal year in a stable financial position. We remain financially sustainable because of the generosity and ongoing support of our many funders, sponsors and donors. We honour their contributions. This year we have invested in developing a more comprehensive fundraising program to ensure we continue to meet the needs of our community for many years to come.

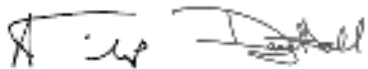
“ My counsellor at Radius was the only person in my life who was constant and showed me she cared. Radius became the rock under my feet. ”

– FORMER RADIUS CLIENT, AGE 16

We are grateful to the volunteers and members of the board who share their time and enormous talent with Radius. Finally, we acknowledge the skill and dedication of the Radius staff. Every day, they execute the Radius vision by providing professional and compassionate care to our clients, building a community of collaboration and excellence, and managing our financial position. We owe them great thanks.

Whether it's time, expertise or funds, your contributions are immeasurable – because you make our work possible. We are better together. And together, we are Radius.

Thank you,



Allan Bishop **Darryl Hall**
Board President Executive Director



Who is Radius?

At Radius Child and Youth Services, children, youth, and families are at the centre of what we do. We provide evidence-informed clinical services, training & consultation and comprehensive research.


We serve:

- Children, youth and families affected by physical, sexual, or emotional abuse or who have witnessed domestic violence.
- Children under 12 years old who have exhibited concerning sexual behaviour.
- Youth who have engaged in sexually abusive behaviour.

We are privileged to join with them on their journey to building safe, and healthy futures free from abuse, neglect and violence.

Radius = Youth and Family
Centred Approaches





Strategic Plan (2016-2019): Our hopes for the future of Radius are guided by our vision, mission and values.

VISION


A community free from abuse, neglect and violence.

MISSION

Radius Child and Youth Services helps children, youth and families build their futures free from abuse, neglect and violence.



VALUES



The values of Radius Child and Youth Services are a set of fundamental beliefs that guide our actions and relationships. We strive to reflect our values in all that we do, every day.



People First

Children, youth and families are at the heart of what we do and we celebrate their strengths with respect, passion and purpose.



Better Together

Success is rooted in partnerships that lead to better results.



Excellence Everyday

Achieving excellence starts with expecting the best of ourselves, promoting innovation and learning and fostering quality improvement.



Integrity Focused

Honesty, fairness and openness shape our relationships and actions.

Strategic Directions

The priorities for the future of Radius focus on three strategic directions:

STRATEGIC DIRECTION ONE:

RESILIENCY AND COLLABORATION

Radius Child and Youth Services will partner with children, youth and families to inspire resiliency and contribute to healthy development through deepening our commitment to youth and family-centred approaches, improving access to services and pursuing purposeful collaborations and partnerships.

1

2

STRATEGIC DIRECTION TWO:

EXCELLENCE AND INNOVATION

Radius Child and Youth Services will continue to inspire excellence by reflecting evidence-informed practices in all that we do, advancing innovative service delivery approaches and realizing a culture of continuous learning through research and quality improvement.

3

STRATEGIC DIRECTION THREE:

LEADERSHIP AND STEWARDSHIP

Radius Child and Youth Services will foster possibilities for children, youth, families and communities by fostering engagement and by demonstrating effective leadership and stewardship.

Radius = MAKING A DIFFERENCE

HIGHLIGHTS OF THE PAST FISCAL YEAR:



426

Children, youth and families received services.



37

The number of years Radius Child and Youth Services has been providing services and support for children, youth and families.



12

The number of full-time clinical therapists, psychometrists, clinical psychologists and clinical supervisors that work collaboratively to deliver comprehensive, evidence-informed assessment and counselling.



3359

The number of direct service hours provided to children, youth and families.



1156

Individuals received training from Radius professionals. This is 50% more community partners trained than last year (including therapists, social workers, psychologists, probation officers, child and youth workers and foster parents).



14

Research and evaluation projects supporting evidence-informed practice. Program evaluation initiatives included assessing the impact of 4 different treatment groups.



“We are creating healthy futures. We want what is best for the children and want to do everything we can to get them back on track. Their lives have been derailed but we help guide them back and point to the future...it ignites hope.”

– NANCY FALLS, MANAGER OF TRAINING AND CONSULTATION



“Radius is unique because it works with the issue of trauma from all perspectives - with the family system, with the person who has caused harm, and with the person who has experienced harm. In this way, the needs of the family as a whole are considered.”

– JILLIAN STEINBERG, CLINICAL THERAPIST

Radius = CHILDREN, YOUTH AND FAMILIES AT THE ♥ OF WHAT WE DO

Radius helps children, youth and families build their futures free from abuse, neglect and violence.

Here's how:



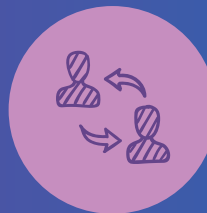
CLINICAL SERVICES



TRAINING AND CONSULTATION



RESEARCH AND EVALUATION



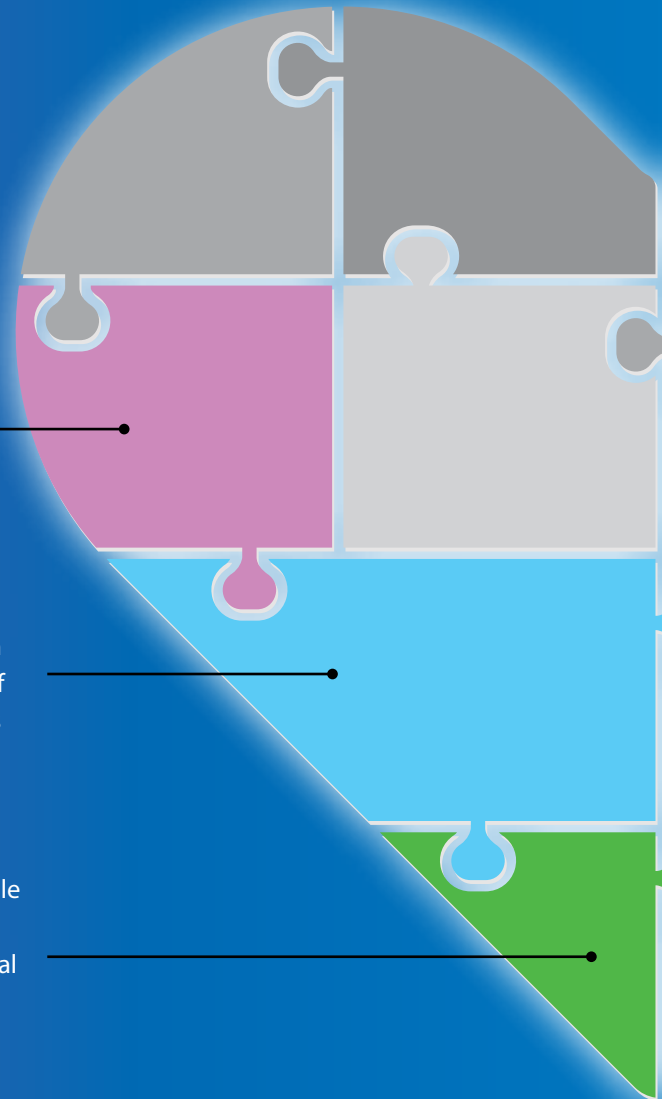
Evidence-informed assessment, individual, family and group counselling services

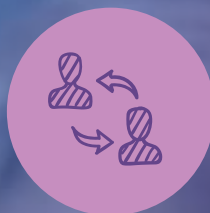
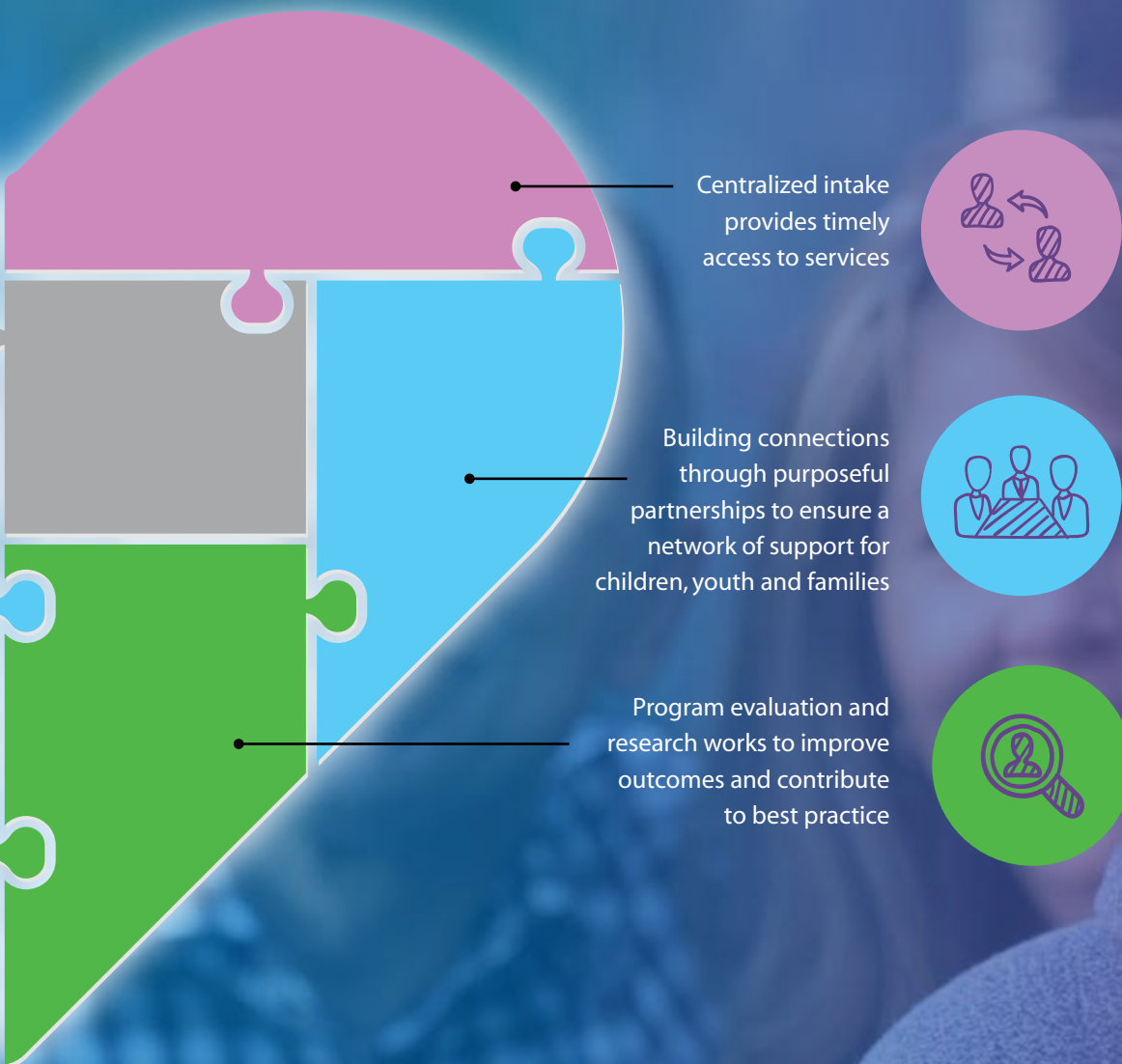


Training & Consultation fosters resiliency, passion and purpose among staff and community partners



Commitment to accessible research across local, national, and international platforms





Radius = CLINICAL SERVICES

RADIUS CHILD AND YOUTH SERVICES INSPIRES RESILIENCY, IGNITES HOPE AND CONTRIBUTES TO THE HEALTHY DEVELOPMENT OF CHILDREN, YOUTH, FAMILIES AND THEIR COMMUNITIES.

Radius provides programs free of charge to children, youth and their families. These include:

- A centralized intake department that enables children, youth and their families easy access to our services at vulnerable points in their lives.
- Comprehensive assessments for children and youth who have experienced abuse, violence and neglect, children (under 12) who have exhibited concerning sexual behaviour and adolescents who have engaged in sexually abusive behaviour.
- Counselling that addresses the individual needs of children, youth and their families.
- Therapeutic group services: a ceramic group at the Gardiner Museum, a mindfulness-based expressive arts group, a group for adolescents who have engaged in sexually abusive behaviour, and a parent group for parents of youth who have engaged in sexually abusive behaviour. Groups

such as these help children and youth process and transform their pain and reconnect with their resilience and strength.

- We help to facilitate referrals to our community partners and/or work collaboratively with other organizations to ensure a coordinated approach to service.

We provide clinical services in the following regions: Toronto, Peel, York, Durham and Halton. Typically our programs are delivered at one of our two offices in Etobicoke or Oakville; however, we are fortunate to have strong community partnerships with YouthLink (Scarborough), Reach Out Centre for Kids (ROCK – Milton), and Boost Child and Youth Advocacy Centre (Boost CYAC – Central Toronto), which allow us to provide some of our services in Central Toronto, Scarborough and Milton.

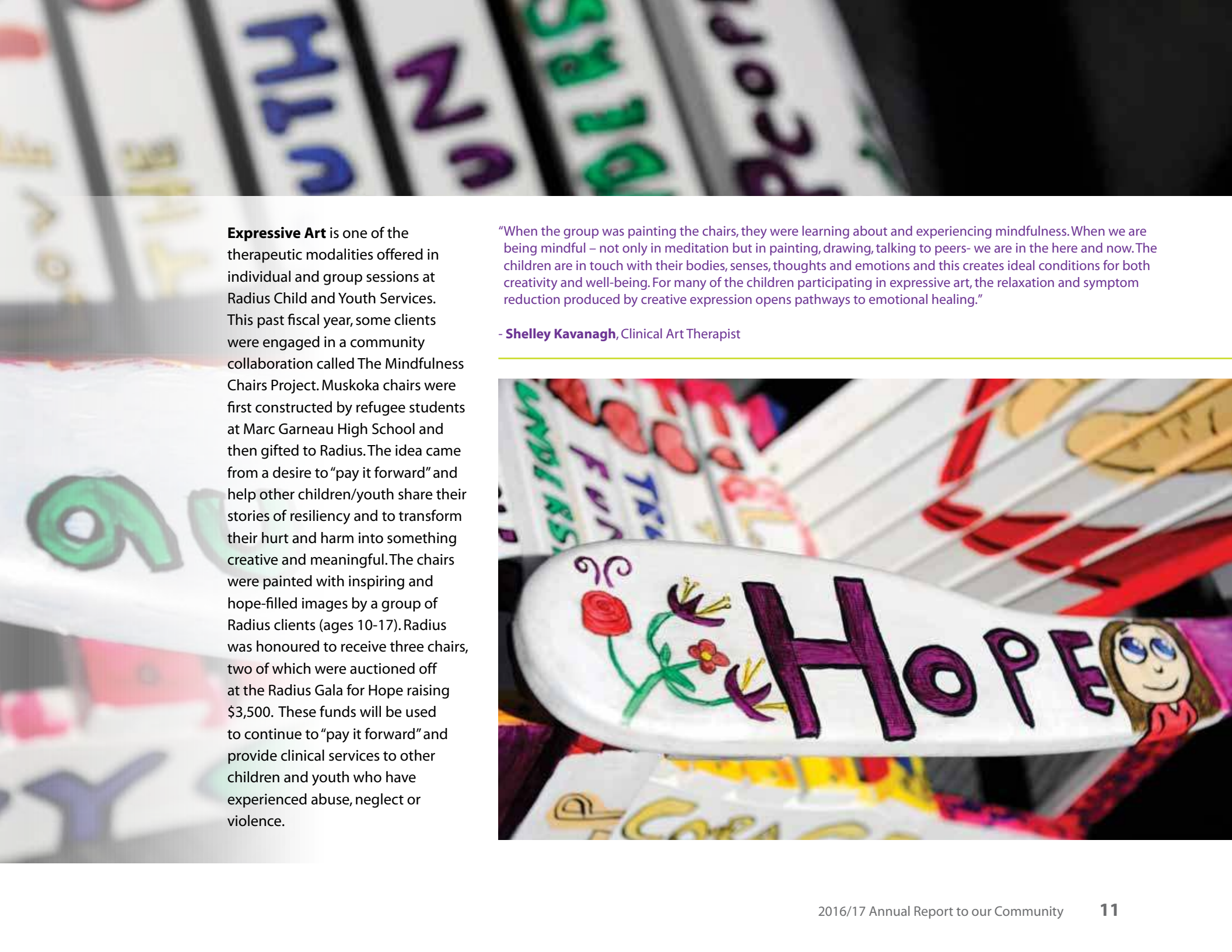
"Radius Child & Youth Services is a valued partner and member of the multidisciplinary team at Boost Child & Youth Advocacy Centre. Radius therapists Mike Davis and Shelley Kavanagh are essential members of the team providing counselling services to children, youth and their families that require support following an investigation of abuse. This critical support helps children and youth to begin to recover from trauma, and without Mike and Shelley's skill and expertise, these children would continue to struggle with the painful impact of their traumatic experiences."

- **Karyn Kennedy**, President & CEO, Boost Child & Youth Advocacy Centre



"Our partnership with Boost CYAC allows a child to see a trained clinician as quickly as possible - sometimes the same day as the disclosure. The value of this to families is immeasurable. The caregivers are given immediate support and valuable information on how to support their children. The children are provided with an immediate intervention that helps mediate the emotional impact of the disclosure."

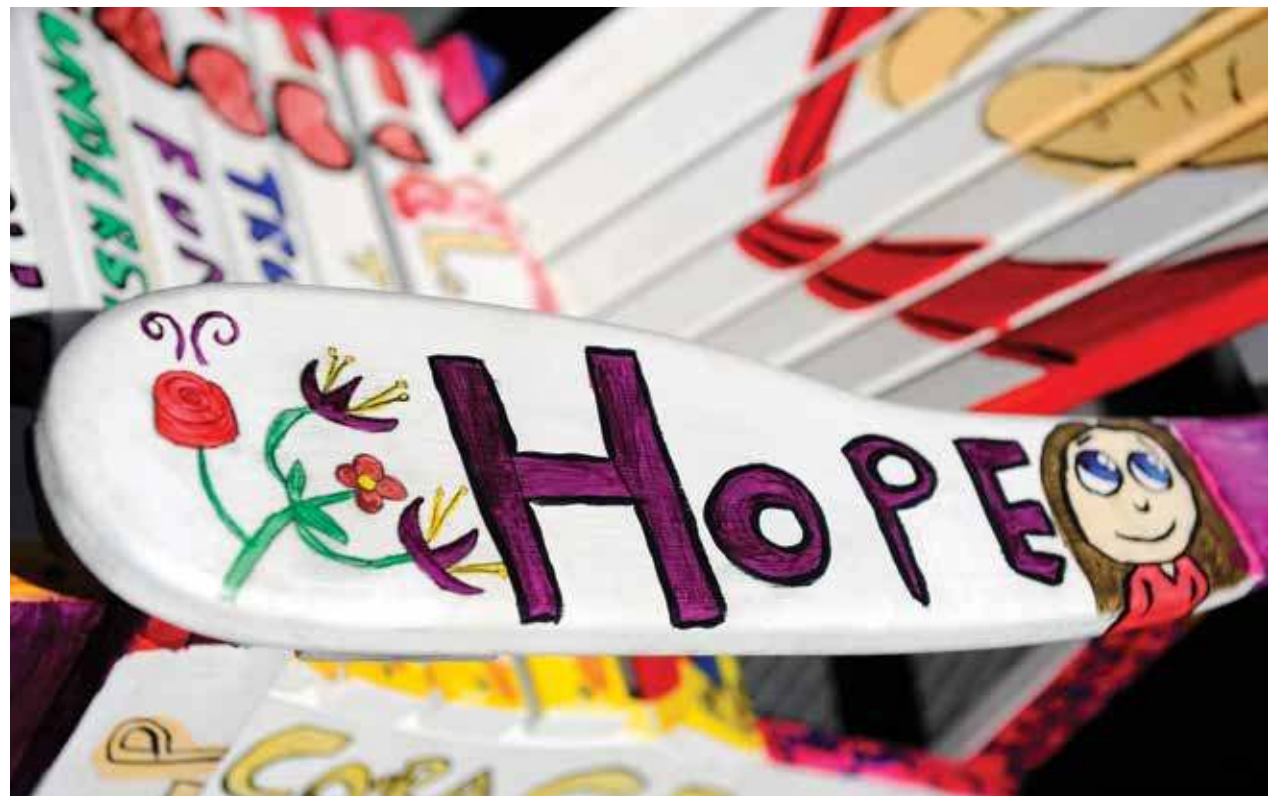
- **Mike Davis**, Clinical Therapist,
Radius Child and Youth Services



Expressive Art is one of the therapeutic modalities offered in individual and group sessions at Radius Child and Youth Services. This past fiscal year, some clients were engaged in a community collaboration called The Mindfulness Chairs Project. Muskoka chairs were first constructed by refugee students at Marc Garneau High School and then gifted to Radius. The idea came from a desire to “pay it forward” and help other children/youth share their stories of resiliency and to transform their hurt and harm into something creative and meaningful. The chairs were painted with inspiring and hope-filled images by a group of Radius clients (ages 10-17). Radius was honoured to receive three chairs, two of which were auctioned off at the Radius Gala for Hope raising \$3,500. These funds will be used to continue to “pay it forward” and provide clinical services to other children and youth who have experienced abuse, neglect or violence.

“When the group was painting the chairs, they were learning about and experiencing mindfulness. When we are being mindful – not only in meditation but in painting, drawing, talking to peers- we are in the here and now. The children are in touch with their bodies, senses, thoughts and emotions and this creates ideal conditions for both creativity and well-being. For many of the children participating in expressive art, the relaxation and symptom reduction produced by creative expression opens pathways to emotional healing.”

- **Shelley Kavanagh**, Clinical Art Therapist



Radius = TRAINING AND CONSULTATION

THE DELIVERY OF COMPREHENSIVE TRAINING AND CONSULTATION BROADENS OUR IMPACT AND ENSURES ALL CHILDREN, YOUTH AND FAMILIES ACROSS ONTARIO HAVE EQUAL ACCESS TO THE SPECIALIZED CARE, RESOURCES AND COUNSELLING THEY NEED.

2016/2017 Highlights:

- Nancy Falls assumed the newly created Manager of Training and Consultation role within the organization. In March 2017, Nancy delivered a keynote speech, *Understanding Trauma and Trauma Informed Care*, for the Youth at Risk Committee of Peel.
- Training and development of Radius' new clinical staff was a focus of this past year. 8 clinical therapists participated in 8 days of specialized training in assessment and counselling related to sexual victimization as well as working with children (under 12) who have exhibited concerning sexual behaviour and youth who have engaged in sexually abusive behaviour.
- An internship was offered to two Masters level University of Toronto students.
- Supporting our longstanding partnership with Youth Justice, Radius provided a series of 3 webinars on how to work with youth who have engaged in sexually abusive behaviour. Probation officers, child and youth workers, and other professionals attended the webinars in April 2016, October 2016 and January 2017.
- Ongoing training and consultation to clinical staff providing trauma services at YouthLink.
- Radius responded to requests from the Children's Aid Society of Toronto, Durham Children's Aid Society and Toronto Catholic District School Board and provided training to staff and foster parents related to issues such as healthy sexuality and normal versus concerning sexual behaviour.
- Radius had a strong presence at the Association for the Treatment of Sexual Abusers (ATSA) International Conference. Our staff and consultants facilitated 5 unique workshops focusing on topics such as safe family reunification, the use of therapeutic letter writing in working with adolescents and families and transforming stories into therapeutic interventions with children under 12 who have exhibited concerning sexual behaviours. ATSA is an international, multi-disciplinary organization dedicated to making society safer by preventing sexual abuse.

"I am thankful to have been given the opportunity to work with so many amazing and inspiring clients and clinicians, and would encourage other students to pursue a placement at Radius."

- Hilary Nix, MSW, RSW

Working with one shared purpose, we are supporting peers and partner organizations to deliver excellence in programming and services. We can offer hope and healing to more children, youth and families in Ontario... We are better together.



"We don't use any one model, but rather take a very individualized approach. There is value in all methods and tools but there is not just one that fits all needs and all clients. This is why our training is so comprehensive and integrative and takes time and ongoing oversight and facilitation."

Nancy Falls, Manager of Training and Consultation

Nancy Falls, Ed.D., RP is the Manager of Training and Consultation at Radius Child and Youth Services. For 20 years she has been working with children and youth who have engaged in sexually harming behaviour, as well as children and youth who have experienced abuse, neglect, and interpersonal violence. Nancy has worked as a Clinical Consultant providing specialized assessment and treatment for children, youth and families at the Peel Collaborative and Radius Child and Youth Services (formerly the Halton Trauma Centre). Nancy has a passion for training new clinicians in the field and she has presented at conferences locally and internationally. She has gathered a group of experienced clinicians to develop and facilitate an internship program at both Thrive Child and Youth Trauma Services and Radius. Her goal is to facilitate the delivery of specialized services throughout the Province of Ontario.



"The comprehensive and collaborative atmosphere at Radius provides an ideal environment in which to conduct applied research."

Tracey Curwen, Ph.D. – Lead Researcher

Radius = RESEARCH AND EVALUATION

WE INSPIRE EXCELLENCE BY REFLECTING EVIDENCE-INFORMED PRACTICES IN ALL THAT WE DO, ADVANCING INNOVATIVE SERVICE DELIVERY APPROACHES AND REALIZING A CULTURE OF CONTINUOUS LEARNING THROUGH RESEARCH AND QUALITY IMPROVEMENT.

2016/2017 Highlights:

- Radius' clinical staff and consultants completed a questionnaire to help establish research department goals and priorities.
- Radius' Research and Evaluation department is comprised of Lead Researcher, Tracey Curwen, Ph.D. and Research Associate Shauna Kushner, Ph.D. and reflects the wider interests, research goals and needs of all Radius employees and consultants.
- To ensure that we conduct ethical research and evaluation, we developed documentation and procedures regarding ethical research practice and initiated an in-house Research Ethics Committee.

APPLIED RESEARCH:

- 4 students conducted 5 research projects: 2 undergraduate, 1 graduate, and 1 recently graduated.
- 3 evaluation projects were collaborations between clinical staff, managers, and researchers.
- 4 research projects were longitudinal; each commenced a few years ago and are continuing beyond 2016.
- 7 research and evaluation projects were started and completed during 2016.
- Research projects included various topics such as; family environment; victimization characteristics and impacts; childhood guilt, shame, and empathy; predictors of trauma; documentation and decision making and efficacy of clinical tools.

PROGRAM EVALUATION:

Assessing the effectiveness of our work is pivotal for a deeper understanding of the complex issue of child abuse and for informing leading practices and programming.

Evaluation projects focused on: individual and group treatment outcomes as well as professional development - specifically, acquisition of knowledge and practical application.

"I am most proud of being part of an organization that makes real change in peoples' lives, particularly young people in need. At Radius, my primary aim is to use my research skills to improve the quality and delivery of care for children, youth and families."

- Shauna Kushner, Ph.D. Research Associate

Radius = COMMUNITY

RADIUS CHILD AND YOUTH SERVICES HAS BEEN HONOURED BY THE GENEROSITY AND SUPPORT GENERATED THROUGH COMMUNITY EVENTS. EVERY DOLLAR RAISED IN THE COMMUNITY HELPS ENSURE TIMELY ACCESS TO SPECIALIZED SERVICES FOR CHILDREN, YOUTH AND FAMILIES AFFECTED BY ABUSE, NEGLECT AND VIOLENCE. THESE SUPPORTERS SHOW HOW MAKING A DIFFERENCE CAN BE REWARDING AND FUN!

THE MOON IN JUNE ROAD RACE

The Moon in June Road Race (MIJ) provides everyone an opportunity to participate and make a difference in the lives of children and youth affected by abuse, neglect and violence.

This is why Gordon Schottlander has been racing for more than 12 years and has raised over \$30,000 in pledges. Gordon is the father of 4 sons and is blessed with 16 grandchildren and 17 great grandchildren. He wants all children and youth to grow up in healthy communities free from abuse, neglect and violence. Knowing that all proceeds from MIJ entry fees, pledges and sponsorships help provide effective and timely services at Radius is what brings Gordon back to the starting line each year. "And yes, I am planning on doing the 5k walk (probably very slowly!) in this, my 92nd year."

This fiscal year, the MIJ race raised almost \$19,000 in support of Radius Child and Youth Services. Thank you!



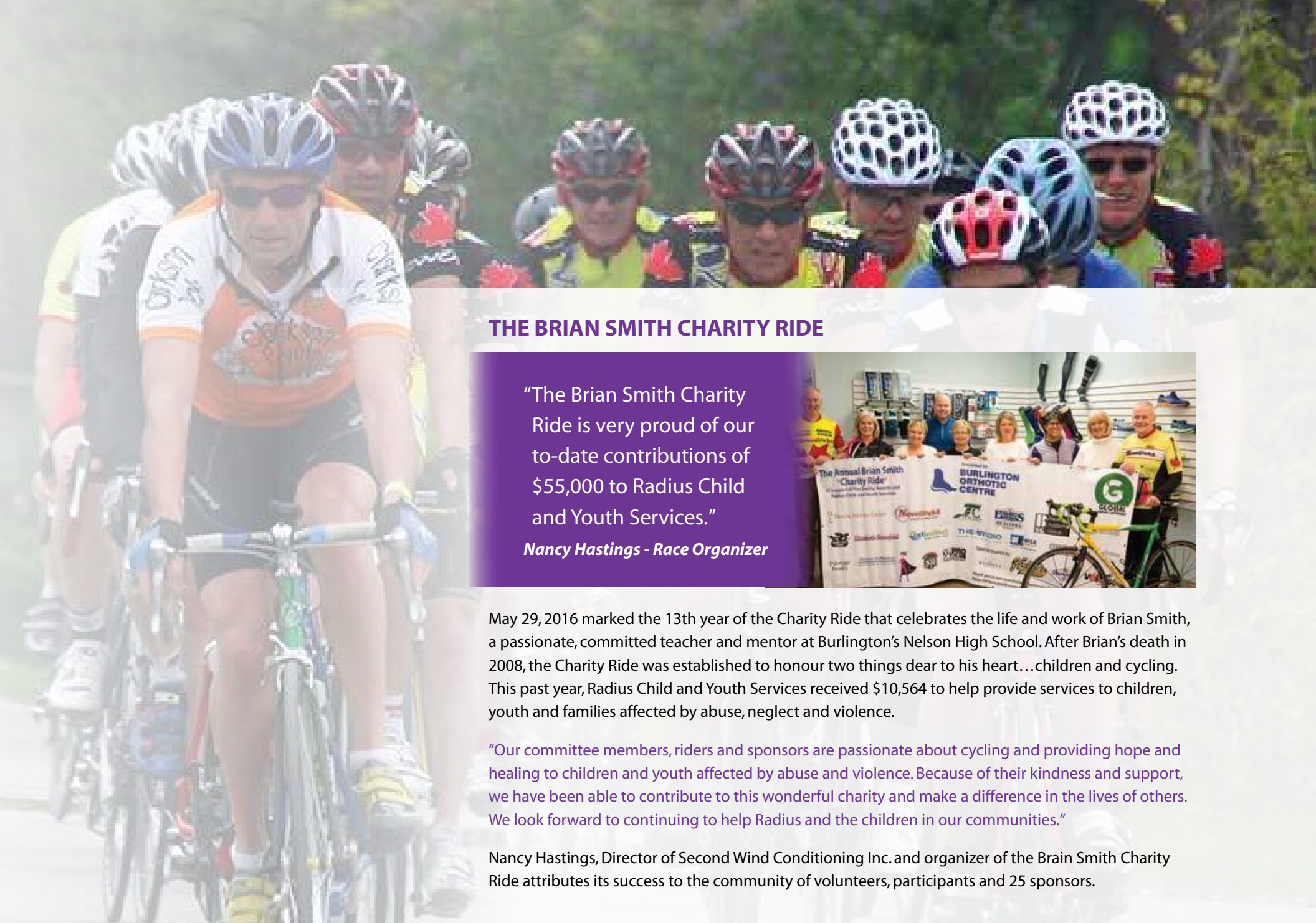
Dan Schottlander, Robert Schottlander, Elijah Cousins, JC Cousins, Aliyah Cousins, Ashleigh Cousins, Gordon Schottlander

"The first time we did the race, the finish line was on the sidewalk in front of city hall. Now, 26 years later, we've raised over \$1 million, streets are closed, there's a block party and kids' festival, 150 volunteers and over 1,700 people come to run. It's not just a race anymore...it's a true community event."

Greg Pace (Pace Performance) – MIJ Organizer



Gordon Schottlander and Greg Pace



THE BRIAN SMITH CHARITY RIDE

"The Brian Smith Charity Ride is very proud of our to-date contributions of \$55,000 to Radius Child and Youth Services."

Nancy Hastings - Race Organizer



May 29, 2016 marked the 13th year of the Charity Ride that celebrates the life and work of Brian Smith, a passionate, committed teacher and mentor at Burlington's Nelson High School. After Brian's death in 2008, the Charity Ride was established to honour two things dear to his heart...children and cycling. This past year, Radius Child and Youth Services received \$10,564 to help provide services to children, youth and families affected by abuse, neglect and violence.

"Our committee members, riders and sponsors are passionate about cycling and providing hope and healing to children and youth affected by abuse and violence. Because of their kindness and support, we have been able to contribute to this wonderful charity and make a difference in the lives of others. We look forward to continuing to help Radius and the children in our communities."

Nancy Hastings, Director of Second Wind Conditioning Inc. and organizer of the Brain Smith Charity Ride attributes its success to the community of volunteers, participants and 25 sponsors.

Radius = GRATEFUL

OUR WORK WOULD NOT BE POSSIBLE WITHOUT THE GENEROSITY OF OUR FUNDING PARTNERS, SPONSORS AND VOLUNTEERS. WE ARE FOREVER GRATEFUL FOR YOUR HELP.

Kiwanis
Club of Oakville,
Henderson Partners LLP,
Rattlesnake Member Charities, Strategic
Charitable Giving Foundation, 100 Women
Who Care Oakville, Angela Bruce Chapter IODE,
Oakville Community Foundation, Rotary Club of
Burlington North, Bell, Oakville Club, Investors Group,
Royal LePage Real Estate Services, Loretta Phinney
Brokerage, Kopriva Taylor Funeral Home, Civitan Club of
Oakville, O'Connor McLeod & Hanna, Burlington Orthotics,
Grocery Gateway, Gordon Food Services, Roadrunner
Printers, Goeman's Appliances, The Source, Walker's
Chocolates, Allison Bishop, Flora Bishop, Kathleen Bishop,
Lorraine Borg, Russell Brake, Sue Bullock, Christine
Gillies, Dianne Goldsmith, Catherine Moore, Ann
Mulvale, Terry O'Connor, Michael Phinney, Dianne
Sadler, Michael Sadler, Remington Sadler,
Peter Trahair, Matthew Vezina,
Susan Walkinshaw Dave Barrett

Denim and Diamonds Gala for Hope

APRIL 9, 2016

- Over 200 guests
- 10 dedicated Gala Committee Members
- 8 Sponsors and In-Kind Donors
- Entertainment provided by Michael Sadler and Dave Barrett
- Raised \$25,669.95

Tournament of Hope

AUGUST 29, 2016

- 124 Golfers
- Held at Lionshead Golf Course
- 8 Volunteer Committee Members
- 24 Sponsors
- Raised \$25,369.83

Funding Partners:

Ministry of Children and Youth Services



United Way of Halton Hills
United Way Burlington/Hamilton Wentworth
United Way of Oakville
United Way of Milton



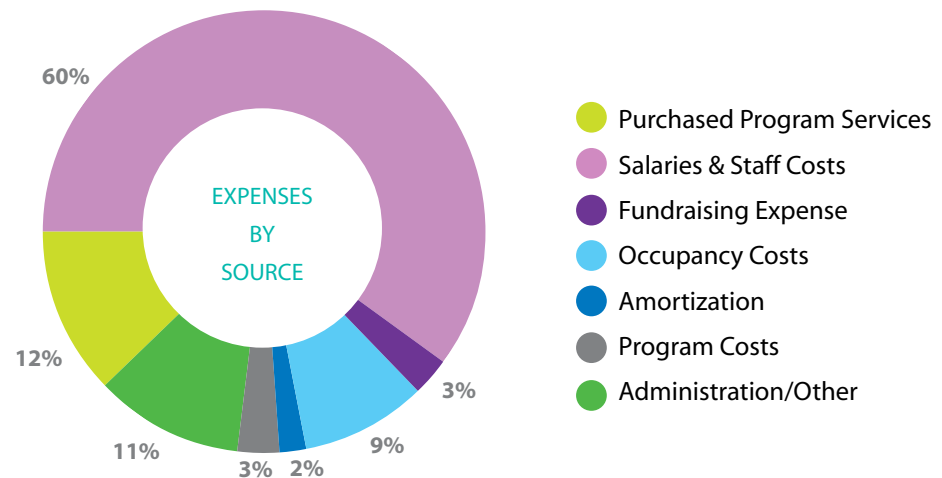
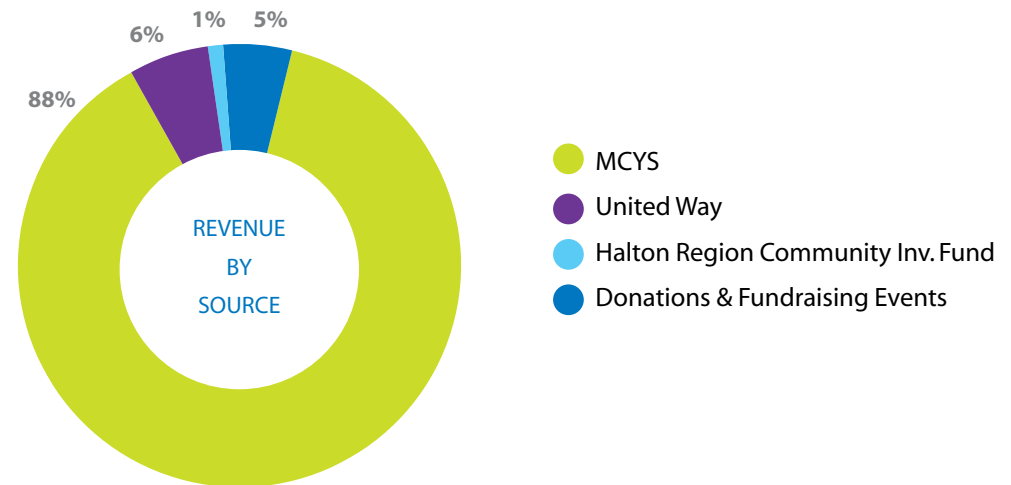
Halton Region Community
Investment Fund

Financials

Statement of Operations
For the Year Ended March 31, 2017

Revenues	2016 - 17
MCYS	2,717,971
Agency Generated:	
United Way	179,347
Halton Region Community Inv. Fund	30,833
Donations & Fundraising Events	166,174
Other	7,560
	<u>383,914</u>
	<u>\$3,101,885</u>

Expenses	
Purchased Program Services	354,217
Salaries & Staff Costs	1,842,514
Fundraising Expense	93,962
Occupancy Costs	291,528
Amortization	56,809
Program Costs	92,878
Administration/Other	331,543
	<u>\$3,063,451</u>
Revenues less Expenses	<u><u>\$38,434</u></u>



Board of Directors- 2016/2017

Allan Bishop

President

Ean Algar

Member-at-Large

Justin Caigar

Member-at-Large

Christina Fox

Treasurer

Claire Gillies

Secretary

Carolyn McCarney

Member-at-Large

Anthony Odoardi

Member-at-Large

Andrew Tyrrell

Member-at-Large

Scott Wilkinson

Member-at-Large



Radius Child & Youth Services
PREVENTION • INTERVENTION • RESEARCH

Radius Child and Youth Services

1 Eva Road, Suite 216, Toronto, ON M9C 4Z5

P: 416-744-9000 | F: 416-744-7776 | Toll Free: +1 855-744-9001

60 Lakeshore Road West, Oakville, ON L6K 1E1

P: 905-825-3242 | F: 905-825-3276

www.radiuschild-youthservices.ca