



THE 2019  
**CONTINUUM  
CONFERENCE**

**SEXUAL VIOLENCE:  
NAME IT, FACE IT, END IT!**

MAY 6 & 7, 2019  
NOVOTEL HOTEL, NORTH YORK

## ABOUT THE CONTINUUM

**F**ounded in 1995, the Continuum of Services for Adolescents Who Have Sexually Offended (The Continuum) grew out of a small group of clinicians in Toronto who met to discuss and coordinate their work with youth who sexually offend. This group shared a commitment to providing effective treatment to these youth in order to reduce sexual offence recidivism, and thereby reduce further victimization. With the move to a more formal network came the inclusion of a much wider range of professional groups and service providers, including probation, residential and day treatment programs, children's mental health centres, child welfare agencies, the police, the judiciary, lawyers and Crown Attorneys. As the name suggests, the intention was to support and coordinate the work of this "continuum" of services and people who become involved with these youth, from the first point of contact to their transitioning from treatment.

**S**ince 1995, The Continuum has endeavoured to provide leadership in their field. Our annual conference has provided up-to-date training on a variety of topics related to the assessment and treatment of youth who have sexually offended, and other clinically relevant topics such as the Youth Criminal Justice Act and adolescent brain development. Through a

grant from the Ontario Trillium Foundation in the late 1990s, The Continuum initiated a research project designed to measure the efficacy of comprehensive treatment and to inform the development of best practice standards. This project later became the foundation for a long-term national research project.

**F**or several years, beginning in the late 1990s, The Continuum's Steering Committee created a Legal Issues Sub-Committee to identify legislative and procedural barriers in the youth justice, child welfare and treatment systems. Finally, The Continuum has, throughout its existence, been a persistent conduit for advocacy for the treatment needs of this population and the resource needs of those who share our commitment to reducing sexual violence.

**S**till true to its origins, The Continuum continues to be a coalition of agencies and individuals committed to reducing sexual offence recidivism and protecting the community. We still receive no outside funding, so we depend on our members to carry out and support the work of The Continuum. Our strength and dynamism comes from the individuals and organizations that make up The Continuum. We invite you to get involved and to stay in touch.

# Cordelia Anderson

*Sexual Violence Prevention:  
Accountability and Responsibility in  
the Post #MeToo Era*



FEATURED SPEAKER

*Since 1976 Cordelia Anderson, MA, has been working to prevent the full range of sexual violence. Since 1992 she's operated her own consultation and training business, Sensibilities, Inc., based in Minnesota, USA. In the 1990's she became interested in restorative justice and how it could be applied to early intervention, healing and prevention. After being trained in restorative justice, she became a trainer and conducted a wide range of circles including: K-12 youth in schools, weekend survivor retreats, families of missing or murdered children and workplace conflicts. A member of the Association for the Treatment of Sexual Offenders (ATSA) Prevention Committee and Stop It Now! Advisory Council, she's done numerous trainings on preventing perpetration. Her work with accountability and responsibility taking evolved as part of what she sees as a gap in prevention work. This work includes accountability circles and a consultation with Big Brothers Big Sisters of America to address historic trauma. Cordelia recently co-authored an ATSA blog "Accountability and Responsibility in the Era of #MeToo." She also authored, "The Impact of Pornography on Children Youth and Culture" (2011/2017) NEARI Press and in 2014, "Fired Up" a prevention play based on stories of male and female survivors of child sexual abuse and exploitation who performed the piece.*

## Learning Objectives:

- Understand the ecological approach to prevention
- Explain the difference between prevention of victimization and prevention of perpetration
- Discuss the meaning of responsibility and accountability
- Analyze the pros and cons of the #MeToo movement
- Learn about restorative and transformative justice as mechanisms for accountability

## Dr. David Ley

*Developing Positive Sexuality and  
Responsible Pornography Use in  
Adolescents*



FEATURED SPEAKER

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*Dr. David Ley is a clinical psychologist in practice in Albuquerque, New Mexico. He earned his Bachelor's degree in Philosophy from Ole Miss, and his Master's and Doctoral degrees in clinical psychology from the University of New Mexico. Dr. Ley is licensed in New Mexico and North Carolina, and has provided clinical and consultative services in numerous other states. He is the Executive Director of New Mexico Solutions, a large outpatient mental health and substance abuse program in Albuquerque, NM. Dr. Ley has been treating sexuality issues throughout his career. He first began treating perpetrators and victims of sexual abuse, but expanded his approach to include the fostering and promotion of healthy sexuality, and awareness of the wide range of normative sexual behaviors.*

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### Learning Objectives:

- Review research regarding impact of pornography consumption on adolescents
- Discuss social role of pornography in modern sexual dynamics
- Explore strategies to “innoculate” youth against negative impact from pornography
- Review research involving men at risk for violent sexual behaviours and impact of violent pornography
- Explore interaction of religious and moral values with the perception of “addiction” or lack of control over pornography use
- Present strategies to encourage principles of sexual health, integrity, resilience and mindfulness in use of pornography
- Evaluate research regarding pornography addiction, neurological impacts of pornography consumption, effectiveness of sex addiction treatment, findings regarding comorbid (primary) mental health disorders in individuals diagnosed as addicted to sex
- Discuss WHO inclusion of Compulsive Sexual Behaviour Disorder in ICD-11 and how this may be operationalized in a comprehensive diagnostic approach

## Karen B.K. Chan

*Doorways to Dance Through: Engaging Young People on Healthy Sexuality, Consent, Relationships and Intimacy*

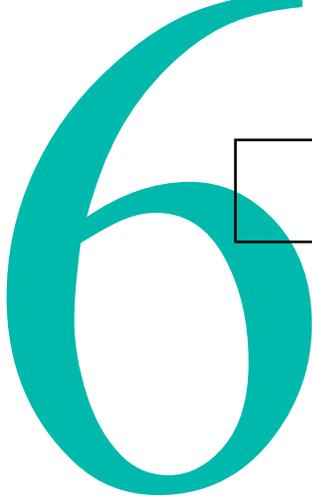


FEATURED SPEAKER

*Karen B.K. Chan is an award-winning sex and emotional literacy educator in Toronto, Canada, with 20+ years of experience. Karen (aka B.K.) is dedicated to having difficult conversations that are real, transformative, and kind. Known for her accessible style and sense of humour, B.K. integrates curriculum content into stories, and theory into practice. She works with individuals, groups, and organizations, and trains professionals across disciplines. B.K. has training in Creative Facilitation, Productive Thinking, Non-Violent Communication, and is a facilitator for YES!, which hosts intensive gatherings for social changemakers worldwide. These influences, and more, shaped her favourite ways to learn and teach: through stories, metaphors, diagrams, and things that make people laugh.*

### Learning Objectives:

- Sex positivity and trauma - informed approaches: (1) Applying framework to our work; (2) Approaching conversations about sexuality as helping professionals
- Zones + Compass: (1) Optimizing clients for sexuality messages and intervention; (2) Optimizing ourselves, addressing common points of fracture between professional and client
- Consent, Desire, Arousal, Pleasure: (1) Accurate information about anatomy, sexual practices, etc.; (2) Mitigating biases and misinformation; (3) Pitfalls of common consent education messages; (4) Relevant, realistic, and usable consent messages and scripts; (5) Rejection, guilt, courage and other resiliencies.
- Tricks of the Trade: (1) Empathy, Rapport; (2) Asking better questions; (3) Justice
- Customized scenarios: (1) Applying tools and scripts, share-back



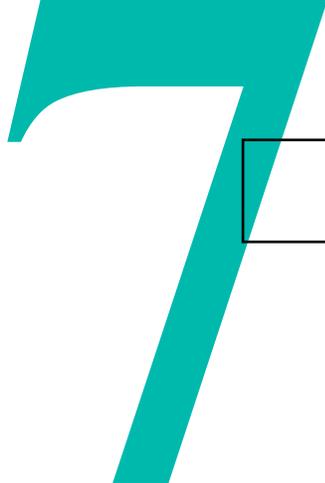
SCHEDULE



Monday

TODAY'S EVENTS

8:00 AM - 9:00 AM	—————	<i>Sign-In and Conference Envelope Pick-Up</i>
9:00 AM - 9:15 AM	—————	<i>Opening Remarks</i>
9:15 AM - 10:15 AM	—————	<b>Sexual Violence Prevention: Accountability and Responsibility in the Post #MeToo Era</b> <i>Cordelia Anderson</i>
10:15 AM - 10:30 AM	—————	<i>Refreshment Break</i>
10:30 AM - 12:00 PM	—————	<b>Presentation Continues</b> <i>Cordelia Anderson</i>
12:00 PM - 1:15 PM	—————	<i>Lunch Break on Your Own</i>
1:15 PM - 1:45 PM	—————	<b>Today's Research, Tomorrow's Future</b>
1:45 PM - 2:30 PM	—————	<b>Presentation Continues</b> <i>Cordelia Anderson</i>
2:30 PM - 2:45 PM	—————	<i>Refreshment Break</i>
2:45 PM - 4:00 PM	—————	<b>Presentation Continues</b> <i>Cordelia Anderson</i>



SCHEDULE



Tuesday

TODAY'S EVENTS

9:00 AM - 9:10 AM	—————	<i>Opening Remarks</i>
9:10 AM - 11:10 AM	—————	<b>Developing Positive Sexuality and Responsible Pornography Use in Adolescents</b> <i>Dr. David Ley</i>
11:10 AM - 11:30 PM	—————	<i>Refreshment Break</i>
11:30 AM - 12:00 PM	—————	<i>Jim Shea Award Presentation</i>
12:00 PM - 1:00 PM	—————	<i>In-House Lunch (Included in Registration Fee)</i>
1:00 PM - 2:30 PM	—————	<b>Doorways to Dance Through: Engaging Young People on Healthy Sexuality, Consent, Relationships and Intimacy</b> <i>Karen B.K. Chan</i>
2:30 PM - 2:45 PM	—————	<i>Refreshment Break</i>
2:45 PM - 4:00 PM	—————	<b>Presentation Continues</b> <i>Karen B.K. Chan</i>

## THE JIM SHEA MEMORIAL AWARD FOR OUTSTANDING SERVICE Call for Nominations

*Submission Deadline: Friday, April 12, 2019 before 5:00 p.m.*

**J**im Shea spent much of his social work career developing and delivering services for youth who sexually offend and for those affected by them. He was the founding Director of the Peel Collaborative Child and Adolescent Sexual Abuse Treatment Program, where he worked until his death in the summer of 2005.

**T**his award is made once a year to someone from the Continuum's membership who has made a significant contribution to the development and provision of services to youth who have sexually offended. Recipients are those who, like Jim, have contributed to our development and collaboration as a service community, have encouraged and supported workers, especially those just entering in this field of practice, and who have engaged in practice that is respectful, collaborative and effective.

**E**ach year the Continuum Committee invites members of the Continuum to nominate someone who meets

the following criteria:

- Nominees should have been involved in working for a significant period of time with youth who sexually offend, their families and those affected by their offending behaviour.
- Their practice should have had an impact on the youth and/or service providers in Ontario.
- Their contribution to this field of practice, in whichever role they occupy, should be remarkable for its longevity, impact, novelty or scope.
- They have practiced in a way that has fostered appropriate attention to the issues and an appropriate regard for the youth we collectively serve.
- They have yet to receive recognition for their efforts that is clearly deserved.

**P**lease forward your nominations with a brief summary outlining how your nominee meets the above criteria. Nominations should be submitted no later than 5:00 p.m. on Friday, April 12, 2019.

# NOMINATION FORM

## Nominee Information

Name of Nominee: \_\_\_\_\_

Affiliated Organization(s): \_\_\_\_\_

Credentials: \_\_\_\_\_

Years of Service: \_\_\_\_\_

*How has the Nominee made a significant contribution to the development and provision of services to youth who have sexually offended.*

**Thank you for your nomination!**

### Submissions Instructions:

1. Click the "SUBMIT" button below to email OR
2. Fill in and email this page to: Allison Swanson at [aswanson@radiuschild-youthservices.ca](mailto:aswanson@radiuschild-youthservices.ca)

# REGISTRATION INFORMATION

## Registration Fees:

<b>Earlybird (before April 1, 2019):</b>	<b>\$235</b>	<b>Group:</b>	<b>\$265</b>
<b>General:</b>	<b>\$315</b>	<b>Student:</b>	<b>\$235</b>

## Please Note the Following:

- Registered Social Workers of OASW may qualify for reimbursement of conference fees. Applications can be found here.
- Student Fee - a photocopy of current Student I.D. must accompany registration.
- Group Fees - Applicable to three (3) or more from the same Agency/Organization. All individuals must register at the same time to receive the group discount.
- If you are registering more than (3) individuals from the same Agency, please fill out a second copy of this form.
- The Contact Person (CP) for the group should be listed below if different than the Primary Attendee.
- Participants who register online will receive an automatic registration confirmation by email from CanadaHelps following their payment submission. For those who submit their registration by fax or mail, confirmations will be generated and emailed from Radius Child and Youth Services prior to the conference. Please bring this email confirmation with you to the conference.
- **Provided Meals** - Conference registration fees include continental breakfast, mid-morning and afternoon snacks for both days of the conference plus lunch on Tuesday, May 7, 2019.
- **SUBMISSION INSTRUCTIONS - If you are paying via credit card, choose one of the following:**
  - OPTION A:**
    1. Fill out the form.
    2. Click the "SUBMIT" button at the bottom of this document and email.
  - OPTION B:**
    1. Fill out the form and print, or print and fill out by hand.
    2. Fax the document to: 905.825.3276
- **If you are paying via cheque, choose one of the following:**
  - OPTION A:**
    1. Fill out the form.
    2. Click the "SUBMIT" button at the bottom and email.
    4. Make cheque payable to Radius Child and Youth Services and mail the cheque(s) to the address below.
  - OPTION B:**
    1. Fill out the form and print, or print and fill out by hand.
    2. Make cheque payable to Radius Child and Youth Services and mail the form along with the cheque(s) to:

Radius Child and Youth Services  
ATTN: Allison Swanson  
60 Lakeshore Road West  
Oakville, ON | L6K 1E1

**\*\*NOTE:** We welcome an open and free exchange of ideas and perspectives at this year's Continuum Conference. Please note that we do not endorse nor repudiate the views and opinions of any of the guest speakers/presenters. Further, the target audience of the Continuum Conference is: mental health professionals, social workers, probation officers, residential staff, child welfare staff, judiciary, therapists and child and youth workers.

# REGISTRATION FORM

Attendee

#1

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Agency/Organization: \_\_\_\_\_

Apt/Suite #: \_\_\_\_\_ Street Address: \_\_\_\_\_

City: \_\_\_\_\_ Province: \_\_\_\_\_

Postal Code: \_\_\_\_\_ Phone: \_\_\_\_\_

Email: \_\_\_\_\_ Attendee Type: \_\_\_\_\_

Payment Method:

      Cheque

Card Number:

Food Allergies: \_\_\_\_\_ Expiry: \_\_\_\_\_ Security Code: \_\_\_\_\_

Contact Person (CP) Full Name: \_\_\_\_\_ Vegetarian Required?: \_\_\_\_\_

CP Email: \_\_\_\_\_ CP Phone: \_\_\_\_\_

\* If paying by cheque, please make payable to Radius Child and Youth Services and mail with this form.

Attendee

#2

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Agency/Organization: \_\_\_\_\_

Apt/Suite #: \_\_\_\_\_ Street Address: \_\_\_\_\_

City: \_\_\_\_\_ Province: \_\_\_\_\_

Postal Code: \_\_\_\_\_ Phone: \_\_\_\_\_

Email: \_\_\_\_\_ Attendee Type: \_\_\_\_\_

Payment Method:

      Cheque

Card Number:

Food Allergies: \_\_\_\_\_ Expiry: \_\_\_\_\_ Security Code: \_\_\_\_\_

Contact Person (CP) Full Name: \_\_\_\_\_ Vegetarian Required?: \_\_\_\_\_

CP Email: \_\_\_\_\_ CP Phone: \_\_\_\_\_

\* If paying by cheque, please make payable to Radius Child and Youth Services and mail with this form.

The Continuum reserves the right to cancel workshops due, but not limited to, under enrollment, work stoppages, instructor illness or inclement weather. If cancelled, the Continuum is responsible for refunding only the registration fee paid less 10% service charge and is not responsible for any other expenses such as travel or hospitality.

All refund requests must be made no later than **April 22, 2019**.

A cancellation fee of \$20.00 will apply.



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Special thanks to the Continuum Committee and their organizations for their continued support!



For more information, please contact:  
Allison Swanson

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60 Lakeshore Road West | Oakville, ON | L6K 1E1  
[aswanson@radiuschild-youthservices.ca](mailto:aswanson@radiuschild-youthservices.ca)